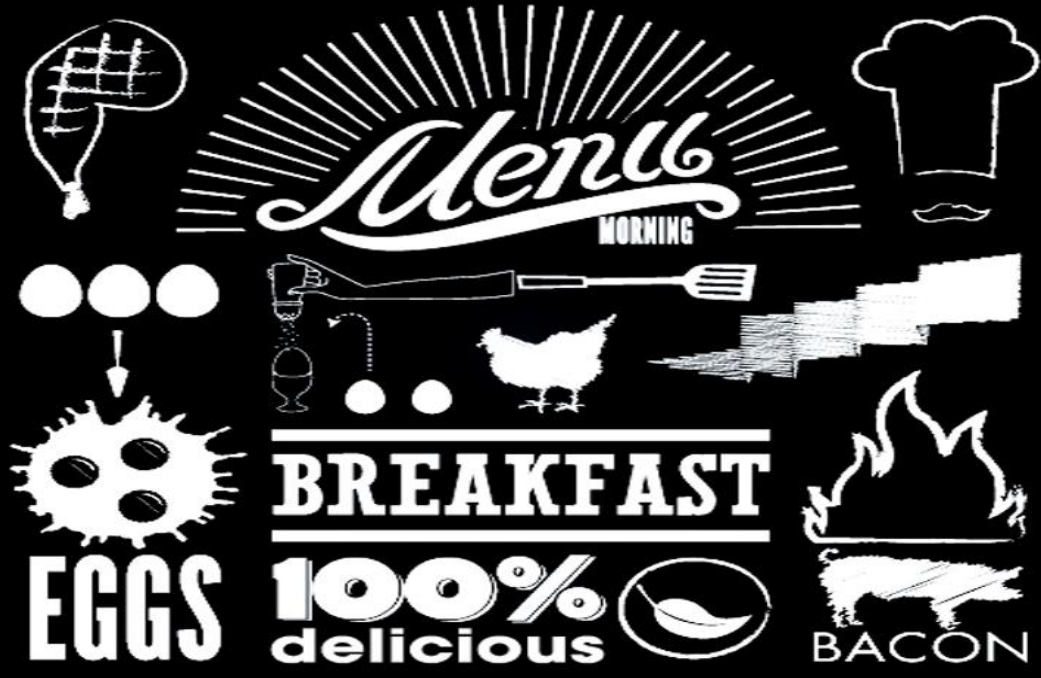


**Open 7am - 4pm weekdays**

**1st Floor, Strauss Daly Building**  
**41 Richefond Circle, Ridgeside**

**082 322 2313**  
**orders@cafeurban.co.za**



URBAN BREAKFAST		HOT BEVERAGES		SMOOTHIES & FREEZOS	
The perfect way to start the day		Our coffee is only 100% Arabica. Decaf available		Our smoothies are 100% natural and contain no added sugar	
Morning Riser Oats with cranberries, roasted almonds, honey & milk	22	Cappuccino	17.5 20.5	Breakfast Smoothie banana, yoghurt, oats, honey, milk, ice	25
Granola Yoghurt Pot with berry compote	22	Americano	15.5 17.5	Strawberry Slinger strawberry, banana, apple juice , ice	25
Lite Breakfast 2 Eggs (Scrambled or Fried) with roasted baby tomato and a slice of health toast	19.5	Espresso	13.5 15.5	Mango Mania mango, banana, apple juice, ice	25
On the Go Breakfast 2 Eggs (Scrambled or Fried), 2 rashers bacon with roasted baby tomato and a slice health toast	29.5	Flat White	22	Very Berry mixed berries, pineapple, yoghurt, apple juice, juice, honey, ice	25
Salmon Scrambles 2 scrambled eggs with smoked salmon, avo and a slice of health toast	46	Café Latte	22	Blueberry Bliss blueberries, pineapple, banana, apple juice, ice	25
Breakfast Wrap scrambled eggs and roasted baby tomato served in a tortilla wrap	26	Flavoured Latte	23	Peanut Butter Blast peanut butter, choc, banana, milk, ice	25
Ultimate Breakfast Wrap scrambled eggs, roasted baby tomato, bacon and cheese served in a tortilla wrap	39	Chai Latte	23.5	Coffee Freezo	26
Breakfast Panini with scrambled egg, mozzarella and roasted tomatoes	35	Red Cappuccino	21.5	Chai Freezo	26
Ultimate Breakfast Panini with scrambled egg, mozzarella, roasted tomatoes and bacon	45	Hot chocolate	19.5	Chocolate Freezo	26
Mexican Breakfast Burrito scrambled egg, chorizo, cheddar, jalopeno chilli & salsa wrapped in a toasted tortilla wrap	45	Café Mocha	23	Lemon Freezo	24
French Toastie french toasted sandwich with mozzarella & ham french toasted sandwich with mozzarella & bacon	28 30	Rooibos or Five Roses	13		
Toast 2 slices Toast with Jam or Peanut Butter Sliced Avo on a slice of health toast Slice of toast with Savoury Mince and a fried egg	14 20 28				
Toasted Sandwich - 2 Fried Eggs Toasted Sandwich - Egg & Bacon	22 28				
		BAKED			
		Our muffins and pastries are baked fresh each morning			
		Croissant (add Jam R3)	13.5		
		Freshly Baked Giant Muffins	18		
		Filled Croissants Cheese	24		
		Ham & Cheese	28		
		Sloppy Joe - with savoury mince	30		
		Creamy scrambled eggs and bacon	35		
		Smoked salmon & scrambled eggs	45		



Breakfast served 7 - 10:30am only Free WiFi